

NEW - KEEP US OPEN

ANTI-VIRAL - TAKE HOME MEALS

PICK UP - DELIVERY MENU

100% Gluten Free, Wheat Free, FODMAP SAFE and Allergy aware food!

Contact free pick up and or delivery! Further Dietary requests catered for!

All meals are prepared fresh by Chefs and delivered ready for reheating.

(They can be frozen)

ALSO - You can order from our DAY menu Tuesday - Saturday from 11.00 - 2.30pm or our NIGHT menu (Thursday, Friday and Saturday from 5.30pm to 8.30pm) and pick up! FOOD ORDERED FOR PICK UP FROM OUR DAY OR NIGHT MENU INCLUDING OUR DRINKS LIST WILL BE 20% REDUCED - FOR PICK UP ONLY!

***Menu and Prices may change without notice**

Place your order by email or phone before 11am for pick up that afternoon,

Some items the following day!

We will make some substitutions if and when ingredients become difficult to source, but we will never compromise on quality, taste or flavour. We will NEVER cook with wheat, gluten, onions, leeks or garlic - EVER!

Vegan is available where possible on request.

Other dietary requirements can be catered if required.

intolerantly yours

Tim & the Fox in the box team



t: 9596 0133

169 Martin Street, Brighton

e: info@foxinthebox.com.au

We never cook with wheat, gluten or onion - EVER!

Soups (R) \$9.50 (L) \$12.90

pumpkin (V)

Potato (V)

Chicken

Tomato (V)

French Carrot (V)

Asian Chicken and Sweet Corn (Corn/Egg)

Asian Chicken egg drop

Onion Free Miso with Tofu (V)

Thai Coconut Chicken Soup

Chicken Bone Broth

Chicken Stock

Fox Condiments (R) \$8.90 (L) \$12.90

Curry Aioli

Wasabi Aioli

Blush Aioli

Fox Dijionaise

Ranch

Free from Onion- Asafoetida blend (powder) - glass \$7.90

Teriyaki - glass \$10.90 \$12.90

Garam Marsala (powder) - glass \$6.90

Asian Ranch - glass \$10.90

Chicken Stock (powder) - glass \$6.50

Natural 100's & 1,000's - glass \$6.90

Dips	(R) \$7.90	(L) \$10.90
Spinach		
Pumpkin		
Black Olive tapenade (V)		
Silver beet Pesto		
Spicy Roasted Capsicum		

Homemade Pasta

Gnocchi 250g	\$14.90
Add a sauce for 1 (vegetarian)	\$9.00
Gnocchi 450g	\$18.90
Add a regular size sauce (vegetarian)	\$12.00

Sauces (Prices Unless Marked)	(1pp) \$9.90	(R) \$12.90	(L) \$14.90
Marinara			
Marinara (with seafood)	\$13.90	\$17.90	\$19.90
Napoli			
Napoli Spicy			
Bolognese	\$10.90	\$14.90	\$16.90
Rustica/Oxtail	\$12.90	\$16.90	\$18.90
Pizza & pasta with Oregano and Basil			
Roast Capsicum and Kalamatta olives			
Spicy Vegetable			
Béchamel - Can be dairy free			
Creamy Verde - Can be dairy free			
Pumpkin and spinach			

Dressings - in glass **\$12.90**

Bossy (French Style)

Tamari and Olive

Maple Mustard

Asian with chilli and Lime

Handmade Pizza 12' (275mm) approx.

Plain base	(1) \$5.90	(3) 12.90
tomato on base	(1) 7.90	(3) \$15.90
pumpkin on base	(1) 8.90	(3) \$16.90
Pumpkin, sage, pine nuts, spinach & balsamic		\$14.9
Ham, cheese & pineapple		\$16.9
Pork Belly, Olives & Mozzarella		\$19.9

MEALS- DISH FOR 1

(R) (L)

7 hour shredded Lamb with Sumac, oregano and lemon	\$18.90	\$23.90
20 hour "serious" Scotch 260-300g		\$24.90
Saltimbocca sage and prosciutto chicken (Dairy Free)		\$20.90
Chicken Parma (Vegan Cheese +\$2, Leg Ham +\$3)	\$18.90	\$22.90
Chicken schnitzel	\$16.90	\$20.90
Kids Chicken Schnitzel strips	\$12.90	\$16.90
Eggplant schnitzel	\$15.90	\$19.90
Thai Red Chicken or Beef curry with carrot		\$19.90
Black pepper pork with ginger and Asian green		\$19.90
Chicken Teriyaki		\$18.90

Popcorn Chicken with carrot batons		\$18.90
Pumpkin risotto		\$17.90
Roast chicken risotto		\$19.90
Roast duck risotto		\$24.90
Root vegetable risoto		\$19.90
5 spice Pork Belly with Asian Green		\$19.90
Lemon chicken (Chicken Breast)		\$19.90
Steamed white fish (Flathead or Whiting) in Tamari, ginger		\$22.90
Steamed Scallops with ginger, lettuce, Teriyaki (4, 6 add \$4)		\$22.90
5 spice calamari		\$19.90
Bbq Pork Ribs (4 pt)		\$22.90
Chicken Satay (peanut free)		\$22.90
Satay Chicken Tender Skewers (peanut free) (5)		\$18.90
Satay Rump Beef Skewers (peanut free) (5)		\$18.90
Atlantic Salmon with crispy skin Jap pumpkin Risotto		\$23.90
Thai Red Curry and coconut - DF	Chicken \$18.90	Beef \$20.90
Butter Chicken - Can be dairy free		\$18.90

Stir Fry

Chicken, green beans, ginger and egg noodle	\$19.90
Beef fillet, ginger, asian green	\$19.90
Singapore Style noodles with Chicken and baby prawns	\$19.90
Beef and oyster Sauce \$25.90	\$18.90
Black Bean Beef or white fish (Atlantic Salmon +\$3)	\$20.90
Pork, ginger, iceberg lettuce and maple crumb	\$21.90
Atlantic Salmon with Teriyaki	\$23.90

Salads

Asian Slaw Noodle salad with prawns	\$21.90
Asian pulled pork with Sake, Mandarin and sesame seeds	\$21.90
Lamb and Quinoa	\$21.90
Moroccan Chicken and Quinoa	\$19.90

Rice

Fried Rice with chicken, bacon	\$18.90
Fried Rice with chicken, bacon and prawns	\$21.90

Just Yum and Great as Sides

Handmade Beef pie (Double minced rump)	\$8.00	2pk \$14.90
Handmade chicken (Tenderloin) & root veggie pie	\$8.00	2pk \$14.90
Handmade 100% Beef Burger Patties (125g)		4pk \$16.90
Sausage Rolls - Beef with Carrot	\$6.00	2pk \$10.90
Potato Rosti		4pk \$12.90
Vegetarian Fritters		4pk \$12.90
Arancini - Leg Ham and Mozzarella or Vegetarian		6pk \$12.90
Meatballs - ready with Napoli sauce		12pk \$15.90
Roasted root vegetables	\$7.90	\$12.90
Roasted Potatoes with rosemary	\$7.90	\$12.90
Mashed Potato	\$7.90	\$12.90
Fox "New York" Style Potato Salad (add prosciutto +\$3)	\$10.90	\$15.90
Asian Slaw Noodle salad with prawns		\$20.90
Fried Rice with chicken, bacon		\$18.90
Fried Rice with chicken, bacon and prawns		\$22.90

Desserts/For When Ever!

Pancakes	(3) \$12.90	(6) \$16.90
Waffles	(2) \$7.90	(4) \$12.90

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